*IRISH ATHLETIC BOXING ASSOCIATION RISK ASSESSMENT FORM* 

**Club: CLUB NAME ABC Site/Location: Specify exact location**

**Ref No: Club initialsABC-001 Activity: OUTDOOR BOXING TRAINING SESSION**

**Date: 01/02/2021 Name/s of Risk Assessor/s: WHO IS THIS?**

Legend: **Severity of Injury** ~ 1-SLIGHT - Minor Injury &/or Injury requiring first aid 2-SERIOUS - Injury requiring 7 or more days off work/hospitalisation 3-MAJOR - Death/permanent disability

 **Likelihood of Occurrence** ~ 1-LOW – Harm will seldom occur 2-MEDIUM – Harm will often occur 3-HIGH- Harm is certain or near certain to occur

 R**isk Level** ~ 1-2=LOW RISK 3-5 MEDIUM RISK 6-9 HIGH RISK

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| Identify Hazards | Who may be harmed & how | **Severity of Injury** | **Likelihood of Injury** | **Risk Level** | **Control Measures** | **Further Action Required (Yes/No)** |
| **Specify the Site / Location and the environment that activity is taking place in (grass pitch, car park etc)*****Accidents i.e. slips, trips, falls, playing surfaces:***Wet grass, mud, puddles, poor light**Other potentials environment dangers** Empty drink bottles, rubbish, broken glass, dog fouling, needles  | Vols / Coaches & ParticipantsCuts, grazes, fractures  | 1 | 2 | LOW | * **Club initials** ABC vols/coaches to complete visual inspection of facility prior to each training session
* **Club initials** ABC volunteers/coaches to risk assess throughout the session to ensure suitability of site for ongoing use
* Ongoing supervision by trained / qualified staff
* Maintaining IABA coach / participant ratio
* Remove hazard(s) or re-site activity / cone off hazard
* Bring poo bags to remove dog fouling
* Bring extendable tongs / disposable glove to remove rubbish
* Cone off areas of broken glass
* Cone off hazardous areas that cannot be removed from site
* Adapt activities, programme to maximise safety
* Session operates under **Club initials** ABC Normal Operating Procedures and Health and Safety policy.
* Monitor natural light to ensure everyone’s safety
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| **Manual Handling****Tasks**Moving equipment  | Vols / CoachesMusculoskeletal injuries  | 2 | 2 | MEDIUM | * Manual Handling Assessments operates per task if required.
* Manual Handling Training for main vols / coaches who will then advise the rest of their club vols/ members
* Normal Operating Procedures apply for task
* Volunteers/Coaches only to set up / set down Equipment
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| **Accidents caused by general boxing equipment** Worn Equipment(Wraps, gloves, gum shields, cups & head guards)Stationary Equipment(speed ladders, skipping ropes etc) | Vols / Coaches & ParticipantsBruises, cuts, grazes.  | 1 | 1 | LOW | * Boxing equipment owned / used by **Club initials** ABC will be maintained by appropriately trained / qualified **Club initials** ABC coaches and checked to ensure it remains safe and fit for use.
* Equipment will be used as recommended by IABA / AIBA
* Appropriate protective apparel to be worn as recommended by IABA (Wraps, gloves, gum shields, cups & head guards)
* Ongoing supervision by qualified IABA coaches when equipment is in use
* Identify and monitor participants display disruptive tendencies
* Adapt activities and equipment to minimise hazards as deemed necessary
* Manual handling of the equipment may apply where necessary (bags etc) Normal Operating Procedures.
* Ensure qualified first aider available with kit
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| **Theft of belongings** | Vols / Coaches & Participants | 2 | 1 | LOW | * Remind boxers to bring minimal personal belongings with them to outdoor sessions
* Keep all belonging in one area so that they can be monitored during sessions
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| **Vehicle / Driving Hazards**(whilst driving to/from training, or moving equipment)Hazards:Vehicle breakdown, public / pedestrians, obstacles, cyclists, staff, loading / unloading vehicles, other vehicles, other road users | Vols / Coaches, public & Participants | 33 | 11 | MEDIUMMEDIUM | Pre Vehicle inspection* Pre journey vehicle inspection.
* Seat belts worn by driver / passengers
* Correct booster seat included for children under 135cm height or up to 12 years’ old

Journey* Adherence to road safety measures
* Manual Handling applies for loading / unloading vehicles (Add manual handling assessment sheet if required)

Journey End* Where end location allows movement of vehicles, drivers to be vigilant of pedestrians
* Ensure passengers exit the vehicle safely
* All sessions will occur outdoors
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| **Disruptive / violent behaviour e.g. hitting, biting, abusive language**Anti-social behaviour e.g. from participants / members of the public during training outdoors (not in usual indoor setting) | Vols / Coaches, public & ParticipantsBruising, fractures, lacerations | 1 | 1 | LOW | * Ensure sessions are supervised only by qualified IABA coaches
* Identify and monitor participants / spectators who display violent / aggressive tendencies
* Remove participant / spectator if their behaviour is a threat to the safety of other people. If necessary, call 999
* Record incidents and share information and report to county board
* Maintain recommended coach 1 : 10 boxer ratio
* Normal operating procedures apply
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| **Accidents caused by other participants****i.e. skipping ropes, collisions etc** | Vols / Coaches & Participants | 2 | 1 | LOW | * Ensure sessions are supervised only by qualified IABA coaches
* Ensure adequate space between participants when skipping
* Plan session according to numbers and ability
* Ensure qualified first aider and kit available at session
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| **Child / Vulnerable Adult Abuse – seen / suspected**.Abuse – physical, sexual, neglect, bullying, mental | Participants | 2 | 1 | LOW | * All vols/coaches receive Child Safeguarding Awareness Training every 5 years.
* All vols/coaches screened by Garda Vetting via IABA
* Complete Raising a Concern form and **Report Concern** to Designated Safeguarding Children’s Officer within **Club initials** ABC / National Safeguarding Manager Declan Lynch 0860748867. If you are in doubt always contact an Garda Siochana and/or Tusla.
* Coaches should be vigilant and uphold coaching ratios at all times
 | NO |
| **Lone Volunteers/Coaches** Accident/illness or attack by intruder | Vols / Coaches | 2 | 2 | MEDIUM | * There are always a minimum of 2 club volunteers/coaches at sessions
* Volunteers/coaches should always arrive and leave together where possible.
* Where that is not mobiles should be used to communicate
* Specifically, female volunteers to avoid being by themselves.
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| **Covid Return to Training Risk Assessment** | Vols / Coaches | 3 | 1 | MEDIUM | * Conduct Covid Return to training risk assessment to covid specific covid risks factors
 | YES |

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| **Further Action** | **Action by Whom** | **Date to be Actioned By** | **Date Actioned** |
| **Covid Risk Assessment and protocols to be completed for when training returns in the club** |  |  |  |
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**I accept the details of the assessment and will ensure that any recommendations/actions it identifies are acted on:**

Club President (Print Name): Signature:

Date: Review Dates: