*IRISH ATHLETIC BOXING ASSOCIATION RISK ASSESSMENT FORM* A picture containing flower

Description automatically generated

**Club: CLUB NAME ABC Site/Location: Specify exact location**

**Ref No: Club initialsABC-001 Activity: OUTDOOR BOXING TRAINING SESSION**

**Date: 01/02/2021 Name/s of Risk Assessor/s: WHO IS THIS?**

Legend: **Severity of Injury** ~ 1-SLIGHT - Minor Injury &/or Injury requiring first aid 2-SERIOUS - Injury requiring 7 or more days off work/hospitalisation 3-MAJOR - Death/permanent disability

**Likelihood of Occurrence** ~ 1-LOW – Harm will seldom occur 2-MEDIUM – Harm will often occur 3-HIGH- Harm is certain or near certain to occur

R**isk Level** ~ 1-2=LOW RISK 3-5 MEDIUM RISK 6-9 HIGH RISK

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| Identify Hazards | Who may be harmed & how | **Severity of Injury** | **Likelihood of Injury** | **Risk Level** | **Control Measures** | **Further Action Required (Yes/No)** |
| **Specify the Site / Location and the environment that activity is taking place in (grass pitch, car park etc)**  ***Accidents i.e. slips, trips, falls, playing surfaces:***  Wet grass, mud, puddles, poor light  **Other potentials environment dangers**  Empty drink bottles, rubbish, broken glass, dog fouling, needles | Vols / Coaches & Participants  Cuts, grazes, fractures | 1 | 2 | LOW | * **Club initials** ABC vols/coaches to complete visual inspection of facility prior to each training session * **Club initials** ABC volunteers/coaches to risk assess throughout the session to ensure suitability of site for ongoing use * Ongoing supervision by trained / qualified staff * Maintaining IABA coach / participant ratio * Remove hazard(s) or re-site activity / cone off hazard * Bring poo bags to remove dog fouling * Bring extendable tongs / disposable glove to remove rubbish * Cone off areas of broken glass * Cone off hazardous areas that cannot be removed from site * Adapt activities, programme to maximise safety * Session operates under **Club initials** ABC Normal Operating Procedures and Health and Safety policy. * Monitor natural light to ensure everyone’s safety |  |
| **Manual Handling**  **Tasks**  Moving equipment | Vols / Coaches  Musculoskeletal injuries | 2 | 2 | MEDIUM | * Manual Handling Assessments operates per task if required. * Manual Handling Training for main vols / coaches who will then advise the rest of their club vols/ members * Normal Operating Procedures apply for task * Volunteers/Coaches only to set up / set down Equipment |  |
| **Accidents caused by general boxing equipment**  Worn Equipment  (Wraps, gloves, gum shields, cups & head guards)  Stationary Equipment  (speed ladders, skipping ropes etc) | Vols / Coaches & Participants  Bruises, cuts, grazes. | 1 | 1 | LOW | * Boxing equipment owned / used by **Club initials** ABC will be maintained by appropriately trained / qualified **Club initials** ABC coaches and checked to ensure it remains safe and fit for use. * Equipment will be used as recommended by IABA / AIBA * Appropriate protective apparel to be worn as recommended by IABA (Wraps, gloves, gum shields, cups & head guards) * Ongoing supervision by qualified IABA coaches when equipment is in use * Identify and monitor participants display disruptive tendencies * Adapt activities and equipment to minimise hazards as deemed necessary * Manual handling of the equipment may apply where necessary (bags etc) Normal Operating Procedures. * Ensure qualified first aider available with kit |  |
| **Theft of belongings** | Vols / Coaches & Participants | 2 | 1 | LOW | * Remind boxers to bring minimal personal belongings with them to outdoor sessions * Keep all belonging in one area so that they can be monitored during sessions |  |
| **Vehicle / Driving Hazards**  (whilst driving to/from training, or moving equipment)  Hazards:  Vehicle breakdown, public / pedestrians, obstacles, cyclists, staff, loading / unloading vehicles, other vehicles, other road users | Vols / Coaches, public & Participants | 3  3 | 1  1 | MEDIUM  MEDIUM | Pre Vehicle inspection   * Pre journey vehicle inspection. * Seat belts worn by driver / passengers * Correct booster seat included for children under 135cm height or up to 12 years’ old   Journey   * Adherence to road safety measures * Manual Handling applies for loading / unloading vehicles (Add manual handling assessment sheet if required)   Journey End   * Where end location allows movement of vehicles, drivers to be vigilant of pedestrians * Ensure passengers exit the vehicle safely * All sessions will occur outdoors |  |
| **Disruptive / violent behaviour e.g. hitting, biting, abusive language**  Anti-social behaviour e.g. from participants / members of the public during training outdoors (not in usual indoor setting) | Vols / Coaches, public & Participants  Bruising, fractures, lacerations | 1 | 1 | LOW | * Ensure sessions are supervised only by qualified IABA coaches * Identify and monitor participants / spectators who display violent / aggressive tendencies * Remove participant / spectator if their behaviour is a threat to the safety of other people. If necessary, call 999 * Record incidents and share information and report to county board * Maintain recommended coach 1 : 10 boxer ratio * Normal operating procedures apply |  |
| **Accidents caused by other participants**  **i.e. skipping ropes, collisions etc** | Vols / Coaches & Participants | 2 | 1 | LOW | * Ensure sessions are supervised only by qualified IABA coaches * Ensure adequate space between participants when skipping * Plan session according to numbers and ability * Ensure qualified first aider and kit available at session |  |
| **Child / Vulnerable Adult Abuse – seen / suspected**.  Abuse – physical, sexual, neglect, bullying, mental | Participants | 2 | 1 | LOW | * All vols/coaches receive Child Safeguarding Awareness Training every 5 years. * All vols/coaches screened by Garda Vetting via IABA * Complete Raising a Concern form and **Report Concern** to Designated Safeguarding Children’s Officer within **Club initials** ABC / National Safeguarding Manager Declan Lynch 0860748867. If you are in doubt always contact an Garda Siochana and/or Tusla. * Coaches should be vigilant and uphold coaching ratios at all times | NO |
| **Lone Volunteers/Coaches**  Accident/illness or attack by intruder | Vols / Coaches | 2 | 2 | MEDIUM | * There are always a minimum of 2 club volunteers/coaches at sessions * Volunteers/coaches should always arrive and leave together where possible. * Where that is not mobiles should be used to communicate * Specifically, female volunteers to avoid being by themselves. |  |
| **Covid Return to Training Risk Assessment** | Vols / Coaches | 3 | 1 | MEDIUM | * Conduct Covid Return to training risk assessment to covid specific covid risks factors | YES |

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| **Further Action** | **Action by Whom** | **Date to be Actioned By** | **Date Actioned** |
| **Covid Risk Assessment and protocols to be completed for when training returns in the club** |  |  |  |
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**I accept the details of the assessment and will ensure that any recommendations/actions it identifies are acted on:**

Club President (Print Name): Signature:

Date: Review Dates: