

MONKSTOWN
International



BOX CUP

SPONSORED BY Fexco, WEARE.ie, Ergo Boxing Equipment, Merry Monk Pub Ballina
INVITES YOU TO OUR

10th ANNUAL BOX CUP

IN

UCD SPORTS CENTRE, BELFIELD, DUBLIN, D04 K3C6

THURSDAY to SUNDAY

20th to 23rd JUNE 2024

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THIS IS AN OPEN CLASS BOXING TOURNAMENT FOR
SCHOOLBOYS/GIRLS, JUNIORS

***Boxer's must be born in the following year**:*

2014, 2013, 2012, 2011, 2010, & 2009

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Monkstown Dublin Boxing Club are delighted to invite you to our **10th Annual "Monkstown International Box Cup 2024"**. This is Europe's premier schoolboys/girls and Juniors Boxing tournament. We are proudly supported by IABA (Irish Athletic Boxing Association), Dun Laoghaire Rathdown County Council and Local Businesses.

Registration for this tournament is through online only at below website. There is a limit of 500 boxers. Registration will be on a first come/first served basis.

www.eventbrite.com/e/monkstown-international-box-cup-2024-tickets-860827015777

It would be great if you and your team were part of it. If you have any further queries, please do not hesitate to email me.

Yours in boxing,

JP Kinsella

Monkstown (Dublin) Boxing
Club Ph: 00353851046037

W: www.monkstowndublinboxingclub.com

E: paulkinsella@gmail.com

Facebook: Monkstown (Dublin) Boxing

Club #MonkstownBoxCup2024



GROUPS & WEIGHT CLASSES

Male & Female	Male & Female	Male & Female	Male & Female	Male & Female
<i>Born in 2014 & 2013</i>	<i>Born in 2012</i>	<i>Born in 2011</i>	<i>Born in 2010</i>	<i>Born in 2009</i>
26kg	28kg	30kg	32kg	34kg
28kg	30kg	32kg	34kg	36kg
30kg	32kg	34kg	36kg	38kg
32kg	34kg	36kg	38kg	40kg
34kg	36kg	38kg	40kg	42kg
36kg	38kg	40kg	42kg	44kg
38kg	40kg	42kg	44kg	46kg
40kg	42kg	44kg	46kg	48kg
42kg	44kg	46kg	48kg	50kg
44kg	46kg	48kg	50kg	52kg
46kg	48kg	50kg	52kg	54kg
48kg	50kg	52kg	54kg	56kg
50kg	52kg	54kg	56kg	58kg
52kg	54kg	56kg	58kg	60kg
54kg	56kg	58kg	60kg	62kg
56kg	58kg	60kg	62kg	64kg
58kg	60kg	62kg	64kg	66kg
60kg	62kg	64kg	66kg	68kg
62kg	64kg	66kg	68kg	70kg
64kg	66kg	68kg	70kg	72kg
66kg	68kg	70kg	72kg	75kg
68kg	70kg	72kg	75kg	80kg
70kg	72kg	75kg	80kg	85kg
72kg	75kg	80kg	85kg	91kg
72+kg	75+kg	80+kg	85+kg	91+kg

Please note: The tournament is for **Open Class schoolboys/girls, Junior's boxers only**.
Only boxers born in years above will be allowed enter.

Each boxer must be present with Record Card.

NUMBER OF BOUTS OVER 3 DAYS

Maximum number of boxers in each group will be eight, boxing a Quarter Final on Friday, Semi-Final on Saturday, and Final on Sunday. Please note the organising committee will try to enter as many nationalities as possible in each group to give each boxer 'International Experience'

So please register your boxers as soon as possible to avoid disappointment.

THE ORGANISERS RESERVE THE RIGHT OT MOVE PARTICIPANTS BETWEEN CLASSES



Monkstown Boxing Club is Affiliated to the Irish Amateur Boxing Association & Supported by the DLRC Sports



PROGRAMME

Thursday 20th June 2024

- Registration, medical & weigh-in between 6pm and 10pm.

Friday 21st June 2024

- Entries emailed to clubs by 11am
- Programs emailed to club by 12pm
- R&J meeting with Tournament Inspector 4pm
- Skills Bouts 5pm (first bout for all skills)
- Boxing to commence at 5pm (until approx 10pm)

Saturday 22nd June 2024

- Medical 8am and 9am (England boxers only). Boxing to commence at 10am (until approx 6pm)
- 10am Skills Bouts
- 10am to 6pm Competition boxers

Sunday 23rd June 2024

- Medical & weigh-in between 8am and 9am. Boxing to commence at 10am (to approx. 6pm)
- 10am to 6pm Competition boxers

WEIGHT ALLOWANCE/NUMBER OF WEIGH-INS

Initial weigh in will take place Thursday 6pm to 10pm and no weight allowance is given. All boxers will not have to weigh in on Saturday – but will weigh in on Finals Day Sunday morning between 8am & 9am at which point each boxer will be allowed a 1kg allowance.

RINGS

There will be 3 rings in operation on Friday, Saturday & Sunday.

R&J

It is recommended that each club bring a Referee & Judge with them, but this is not essential. Each R&J must be registered to relevant governing body. Please register ASAP & do not forget Record Card.

ACCOMMODATION

It is up to each club to book their own accommodation for the weekend. UCD residencies may have some vacancies, please check out

MEALS/SHOPS

UCD Cafe will be open for Snacks around the venue. A souvenir Shop will be open for the duration of the tournament shop T-Shirts and memorabilia.



TRAINING

Monkstown Boxing Club Gym will open for the duration of the competition if any club wishes to use the facilities

FEMALE BOXERS

The health and safety of all our boxers is of utmost importance. Therefore, pregnancy declaration forms & record cards must be signed 2 days before tournament by parent & boxer. Hair nets, bandanas or cloth swim hats must be worn under head guards while boxing

DRAW/PROGRAMS

Entries will be emailed to all clubs by 11am on Friday morning. Each club will be requested to check their entries and make sure they are in the correct weight class/age group. Clubs will have 1 hour to send amendments. Programs will be emailed by 12 O'Clock.

ROUNDS

All bouts for Boy/Girl1 to Boy/Girl4 (years 2012 to 2009) will be boxed over 3 rounds at 1.5minute per round, with 1 minute break.

SKILLS/BOUTS

Skills bouts for Boys/Girls born in years 2014 & 2013 will be boxed over 3 rounds at 1minute per round, with 1 minute break. They will have an initial & only weigh (but will get a medical check each morning). We will try our best to give each boy/girl at least 2 skills bouts – they will be boxed Friday at 3pm, and Saturday at 10am.

STREAMING

All bouts will be streamed live on website (TBC) for a fee (approx. €5)

REGISTRATION FEE

€25 (Non refundable) for each competitor must be paid online at

<http://www.eventbrite.com/e/monkstown-international-box-cup-2024-tickets-860827015777>

Entries are by first come first served basis.

Central Information/Website: www.monkstowndublinboxingclub.com

Email: paulykinsella@gmail.com

Phone: JP Kinsella 00353851046037



R&J ENTRY FORM

Name:

Affiliated Club:

Gender: Male/Female *Delete where applicable

D.O.B: //

International experience:

Mobile Tel number:

Email Address:

Please return by email to: pauykinsella@gmail.com



Previous Results:

2013 to 2023: <http://amateur-boxing.strefa.pl/Tournaments/Ireland.html>

Media Highlights:

2014 <https://www.youtube.com/watch?v=E7g-y9OaevI>

2015 <https://www.facebook.com/1888Productions/videos/1109196915761444/?fref=nf>

2016 <http://www.knockout.no/Video/a/tabid/307/ID/425/Monkstown-Box-Cup-2016.aspx>

2018 www.knockout.no

The story of Monkstown Boxing Club "Its my Medicine": <https://youtu.be/zeJZ8jmCuKo>





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