



Irish Athletic Boxing Association (IABA) Regional Performance Coach (Ulster) Job Vacancy

The Irish Athletic Boxing Association (IABA) has a proud tradition of success, being Ireland's most successful Olympic sport and Northern Ireland's most successful Commonwealth Games sport. The Regional Performance Coach will play a role in the Northern Ireland team for the 2026 Commonwealth Games in Glasgow delivering on continued success for the IABA.

The Regional Performance Coach for the Ulster High Performance (UHP) will work closely with the Head Regional Performance Coach (HRPC) within Ulster, assisting with delivery, planning and athlete development.

The Ulster High Performance unit is located at the Ulster University Sport Village, in collaboration with Sport Institute Northern Ireland (SINI). The programme will aim to work with the most talented boxers from Ulster, helping them to develop and transition into the National Programme and competition on the World Stage. The Regional Performance Coach will be key in delivering and supporting athletes to maximise their potential. The role will require a strong technical and tactical knowledge of Boxing, high-level planning and communication skills, proficient computer literacy, a good understanding of athlete development and a proven commitment to the development of High-Performance Boxing.

Job Description and Personal Specification

- Role** The Regional Performance Coach will assist with all aspects of the performance programme, supporting the Head Regional Coach and Regional Performance Manager to deliver a worldclass performance pathway, supporting and nurturing talented boxers from Ulster.
- Purpose:** programme, supporting the Head Regional Coach and Regional Performance Manager to deliver a worldclass performance pathway, supporting and nurturing talented boxers from Ulster.
- Location:** Ulster University Sports Village, Jordanstown, BT37 0QB with travel domestic and overseas.
- Hours of work:** This is a full-time position (40 hours per week) with most of that time expected to be on campus in the Jordanstown facility. We are open to considering job-share flexible working patterns, in line with business needs.
- Contract:** 2 Years Fix Term with the possibility of 2-year extension depending on funding. Six-month period of probation will apply.
- Salary** £32,500- £37,500 Pro-Rata.
Band will be dependent on experience

KEY RESPONSIBILITIES:

Coaching, Athlete Preparation & Talent Identification

1. Coach and prepare athletes throughout the performance pathway for a range of competitions throughout the year and participate in training camps as agreed with the Regional Head Performance Coach and Regional Performance Manager.
2. Develop and deliver session plans in collaboration with the Regional Head Performance Coach. Share planning in a timely matter to all coaches involved with the sessions and maintain a record of the sessions conducted.
3. Design, develop, and implement periodised training programs for boxers of all levels within the Ulster High Performance, in consultation with the Head Coach and SINI's sport science and sports medicine service providers.
4. Embrace both full-time and part-time athletes in the HPU, providing support appropriate to their developmental stages.
5. Contribute to Talent Identification and Athlete Development Pathways.
6. To attend targeted domestic competitions that involve Ulster Athletes as a method of talent identification.

Monitoring and Evaluation

1. Assist in directing, monitoring, and evaluating the impact of training and competition programs and services for athletes within the Ulster HPU.
2. Monitor the progress of individual athletes towards their goals and targets, working in partnership with SINI's key service providers.
3. Maintain an accurate record of incident reports and injury management.
4. Maintain an accurate record of athlete progress and provide detailed reports on individual athletes as requested by the Performance Lead.
5. Provide monthly progress reports on both competition and training camps, as required.

Leadership and Support

1. Lead activities and initiatives within the program when directed by the Performance Director, Regional Performance Manager, or Regional Head Performance Coach.
2. Provide coverage for HP coaching colleagues and the Head Coach as necessary.
3. Assist in managing training programs for the various competition streams within the Ulster High Performance.
4. Work collaboratively with staff members of the IABA, volunteers, club coaches, Sport Northern Ireland (SNI), and the Sport Institute of Northern Ireland (SINI) on all aspects of the performance program.
5. Work alongside relevant performance colleagues as part of a multi-disciplinary team supporting both regional and national teams.

Miscellaneous

1. Attend all necessary IABA meetings as requested by the Regional Head Coach.
2. Engage positively in a personal performance development plan, actively identifying new areas for learning and committing to a culture of continual improvement
3. Support the development and implementation of the National and Regional High Performance Strategy.
4. Work cooperatively with IABA and Ulster office staff, primary partners and sponsors to support marketing and promotional activities and media requirements
5. Any other reasonable duties as required by the Regional Head Coach or Regional Performance Manager.

Personal Specification

Essential Skills and Qualifications

- A minimum 1 Star Boxing coaching qualification; a higher grade is desirable.
- 2 Years previous experience coaching elite high performance boxers.
- Previous experience coaching talented Elite, Youth and Junior athletes in an High Performance boxing setting.
- Competent in the use of Microsoft Packages.
- An understanding of performance planning and good administrative skills.
- Competent English language skills.
- Flexibility to work weekends and evenings

Desirable Skills and Qualifications

- 2 Star or 3 Star coaching qualification.
- Previous experience in performance and pathway planning.
- Previous experience in a coaching role in an high performance environment.

Application Process

Interested persons are invited to submit the following by email to hr@iaba.ie:

- Resume including 2 referees
- Cover letter outlining how they meet the essential skills and qualifications by providing examples of how they have previously fulfilled the duties and responsibilities of this type of role

Application closing date: 14th March 2024

Anticipated Interview Dates: Week beginning 17th March 2025

The Irish Athletic Boxing Association (IABA) is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. The post holder is required to undergo Safeguarding Training, to be agreed with the Head of Safeguarding. The successful candidate will be required to complete the necessary Access NI checks prior to appointment. The Irish Athletic Boxing Association is an equal opportunities employer.