



IABA Start Here Women's Boxing Programme

2025

Guidance Notes

PROGRAMME PURPOSE

ULSTER BOXING is giving 10 clubs the opportunity to become a delivery partner for the IABA Start Here Women's Programme: -

- The programme aims to help clubs to increase the number of women participating in boxing.
- Open to females only
- This programme is fully funded by the Rank Foundation.

WHO CAN APPLY?

- All boxing clubs based in **Ulster**
- Please note - all clubs must be affiliated to the IABA at the time of application to apply

PROGRAMME SCHEDULE

Clubs must offer activities that are additional to the usual club training timetable

The club must have the objective of introducing new women to the sport: -

- All programmes must be completed by **14th November 2025**
- Each programme will deliver at least four coaching sessions
- IABA will ask clubs to send photos or short videos of the training session/s that IABA can use to promote the club and its involvement in the IABA Start Here Women's Boxing Programme. This will include publication on some, or all, of the following platforms: IABA website, IABA's Facebook page, IABA's Twitter account, IABA's Instagram account.

COACHING CONSTRAINTS

- There must be a minimum of 2 coaches at the coaching session/s
- All coaches named **MUST** have an up-to-date Access NI Check
- All coaches must have, at minimum, an IABA Fundamentals coaching qualification

ELIGIBLE COSTS

- Maximum award: £500 per club
- Payment will be made to clubs on completion of the IABA Start Here Women's Boxing Programme.

DEADLINE FOR SUBMISSION:

- **17th September 2025**
- Successful applications will be based on a first come, first served basis
- All successful and unsuccessful applicants will be notified via email the week ending **26th September 2025**
- Email: Scanned Signed Copies to louise.mckenzie@iaba.ie
- Alternatively, you may take a picture of your completed form and send via email



IMAGE & VIDEO CAPTURE AND PUBLICATION CONSENTS

- All clubs, as part of their new member registration process, must obtain consents to capture and publish images and video in connection with club events.
- If the club does not have these consents built-in to the registration process, they must do so. Unless or until this occurs, these consents must be sought, independently and in writing.
- Clubs may not capture, or publish, images or videos in the absence of consent by members.
- Clubs should pre-advise participants before capturing images or videos, to allow them to decline consent, if they don't wish images or videos of them to be captured at a given training session.
- It is a condition of participation in the IABA Women's Boxing Programme that clubs provide images & videos of participants in the programme, for publication on IABA website and social media platforms.
- IABA does not require clubs to share the names of participants in a given video or image on sharing that content with IABA.

GDPR NOTICE

- IABA will hold and process the information provided here by your club in connection with your club's expression of interest in taking part in the IABA Start Here Women's Boxing Programme, only.

IABA Ulster Branch Women's Programme

Expression of Interest Form

Club Name & name of main club contact:			
Contact Number:			
Email:			
Correspondence Address:			
Club Address:			
Payment Details	Bank Name: Account Number: Sort Code: IBAN Number:		
Coaches to be used: Please provide each coach's Access/ Garda Vetting Number	Name	Access NI/Garda Vetting Number	Date of Check
Proposed Programme: E.g.: times and info			



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