



IABA

IRISH ATHLETIC BOXING ASSOCIATION

145 SOUTH CIRCULAR
ROAD, DUBLIN, IRELAND
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+353 1 453 3371
Company Reg. No.: 459881
iaba.ie

6th November 2025

Revision: 002

2025 NATIONAL INTERMEDIATE CHAMPIONSHIPS

1. Section One

- i. **Venue:** 21st, 22nd, 23rd November Holy Family Drogheda Boxing Club
28th, 29th & 30th November National Stadium Dublin
- ii. **Dates:** 21st, 22nd, 23rd 28th, 29th & 30th November 2025
- iii. **Entries:** A non-refundable, non-transferrable entry fee of €30 applies, including in the event of a boxer withdrawal. Online entry, via the Blocworx portal, is open until 5pm sharp, on Friday, November 14th. Entries will not be accepted without the payment of entry fees. All fees must be paid by 5pm on November 14th. Only boxers for whom entries have been completed and entry fees have been received will be allowed box. The draw will take place on Tuesday 18th November 2025.
No late entries will be accepted

Submission by any club of a boxer to this Championship is that club's acceptance of these Championship criteria. The Championship Committee will monitor adherence to all competition criteria throughout these championships.

2. Section Two

- i. **Weigh-in:** Boxers will weigh in each day they box. Attention is called to the stipulation in the IABA Rule book that each boxer presented by his/her club shall be fit to box. This is the responsibility of the club. Boxing Record books to be presented by the boxer at their initial weigh-in and stamped by the Doctor prior to Boxing.
Non-Pregnancy Declaration forms must be signed for Female Boxers.
Times:
Friday's 8.00am - 9.00am & 12.00pm - 1.00pm – Boxing Starts 6pm
Saturday's & Sunday's 8.00am - 9.00am – Boxing Starts 11am
- ii. **Boxing:** Times will be contingent on entries and shall be announced after the draw.
- iii. **Duration:** Duration of rounds: Men & Women 3 x 3 minutes
- iv. **Weights:**
Men: 47kg, 50kg, 55kg, 60kg, 65kg, 70kg, 75kg, 80kg, 85kg, 90kg, 90+kg
Women: 45kg, 48kg, 51kg, 54kg, 57kg, 60kg, 65kg, 70kg, 75kg, 80kg, 80+kg
- v. **Age Requirements:** Boxers born between 1985 – 2006, inclusive.
- vi. **Withdrawal:** The withdrawal of any boxer must be notified to the National Registrar Stephen Connolly, phone: **086 1546746** as soon as possible.
- viii. It is a condition of entry that all boxers and their clubs have signed and submitted the Members Acknowledgement Form, and it is the responsibility of the entering unit that this stipulation is complied with.



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3. Section Three: Eligibility

Please be aware that all boxers entering this Championship must:

- i. All clubs are on notice of IABA Rule 6.5.i: "A club shall not include in its list of members the name of any person who is a member of any other club unless dual membership has been specially authorised by the IABA"; Accordingly, any club making an entry to the National Intermediate Championships affirms that the entrant is not a member of any other club, in any jurisdiction. *Sanctions will be enforced on any club breaking this rule.*
- ii. *Boxers who have competed in an Elite Championships (excluding the Elite Competition this year) are NOT eligible to box in the National Intermediates Championships.*

4. Section Four: Anti-Doping

IABA supports clean sport through its iBoxClean programme. On this basis:

- i. Boxers must provide details of any medication they are taking during this Championship or have taken in the preceding 4 weeks.
- ii. Anti-Doping may be carried out at any stage of the Championship. Any boxer who elects not to comply with anti-doping testing in competition will be removed from the Championship by the Championship Committee.
- iii. Boxers, coaches, and parents of underage boxers are advised to undertake independent anti-doping eLearning via WADA or Sport Ireland.
- iv. Any questions or queries on Anti-Doping matters may be directed to IABA's Anti-Doping Officer, Sean Crowley, via sean.crowley@iaba.ie or +353 86 052 1757

5. Section Five: Coach Registration & Information

- i. All coaches must be registered with the National Secretary, Tara Robins Mari via Secretary@iaba.ie, closing date for registration **5pm Friday, November 14th**
- ii. Only registered coaches will be allowed to enter the field of play and/or changing rooms.
- iii. Coach registration will be cross-checked against stated qualifications and Garda Vetting/Access NI checks.
- iv. Any registered coaches who do not have current Garda Vetting/Access NI checks will not be permitted to sit at corner and/or to enter the changing rooms.
- v. Fundamental coaches must be over 18 and will be permitted to sit at the No. 2, position, only.
- vi. Coaches must remain seated during the rounds in the designated seating area.
- vii. Coaches are not allowed to leave their designated area, touch the ring, clap, use offensive language, address the Referee, Technical Officials or opposing Boxer during a bout.
- viii. Coaches are not allowed to use cameras or communication devices in the Field of Play, such as, but not limited to, smart phones, tablet PCs, etc.



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5.2 Attire:

Coaches **must** wear tracksuits and runners in their corners at all sessions

- i. Coaches must set a high standard of hygiene.
- ii. No shorts, caps or hats are allowed.
- iii. Boxers **may not** wear international kit - boxers may wear club kit, only.
- iv. Boxers' hair must be tied back, and swimming hats or hairnets should be worn under the headgear for boxers with long hair.
- v. No Headgear for Males, Headgear's are required for Females.
- vi. Pro Wraps are permitted but must be signed by the Chief Official prior to the bout.
- vii. Gumshields: Red/orange/pink or variations of these colours are not allowed.
- viii. Boxers must wear a vest and shorts or a skirt. **The length of the shorts or the skirt must not be shorter than mid-thigh**, must not cover the knee and must not be worn above the belt line.
- ix. The belt line is an imaginary line from the navel to the top of the hips, and must not cover the navel. The belt line must be clearly identified by a contrasting colour to the short/skirt and vest and must be 5-10cm wide. Laces should not be on the outside of the beltline.
- x. If a Boxer wears socks, the socks cannot cover the knee.

6. Section 6: Sportsmanship:

Please show respect to all Ringside Officials, fellow competition clubs, participating boxers and spectators

- i. All decisions must be accepted in a sporting manner.
- ii. Any complaints must be addressed to the Chief Official, National Registrar Mr. Stephen Connolly, during the course of that day's boxing, only.
- iii. Any use of social media in a derogatory manner from members of any club relating to a boxer/coach/official/decision or related matter will be referred to the IABA Discipline Officer under the IABA Complaints and Discipline Code, communicated to all clubs on May 17th 2024.

Kind Regards,

Tara Mari
National Secretary IABA.