

Workforce Training & Development



*A **Coach**
will impact
the lives of more young people
in a year
than the average person Does
in a **lifetime***

Coaching Courses

Current Coaching Pathway

- ▶ Fundamentals
 - ❖ Safeguarding
- ▶ Level 1



Current Workshops for Coaches & Volunteers

- ▶ DSO training
- ▶ Disability Awareness & Inclusion
- ▶ Physical Literacy
- ▶ Cuts Courses & hand wrapping
- ▶ Nutrition & weight making (& the menstrual cycle)
- ▶ First Aid
- ▶ Generating Club Income
- ▶ Sports Psychology
- ▶ Good Relations
- ▶ EDI
- ▶ Health & Safety
- ▶ Basic IT



Planned Developments

- ▶ Level 2 Coaching Course
 - ?? Will there be World Boxing 1 star or 2 star courses
- ▶ Nutrition and weight making for boxers & parents
- ▶ Educational Opportunities / Plan B for HP athletes



What Training Opportunities do we need?

What would benefit our sport, our clubs & our athletes?

- ▶ Training for Coaches
- ▶ Training for volunteers - secretaries; treasurers ETC
- ▶ Training for athletes - HP and club members

**IDEAS FROM DISCUSSIONS NOTED ON
FLIPCHART**

